



PROGRAM:

Life Begins

GRADE LEVEL:

5-6

LENGTH:

75 Minutes



LIFE BEGINS

Promoting a positive attitude toward and an appreciation for the wonder of life.

PROGRAM OVERVIEW

Life Begins teaches students about the structure and function of the male and female reproductive systems and the similarities and differences in development during puberty. Human development from conception to birth is explained, the effects of heredity and unhealthy habits on fetal development are discussed, and the emotional changes that occur during puberty are examined.

- Students are introduced to the male and female reproductive systems
- Students learn about puberty and the physical and emotional changes that occur during this special time in life
- Students gain an understanding of conception and examine fetal growth and development throughout pregnancy

TEACHING OBJECTIVES

This program is focused on the following objectives:

- Describe the basic structure and function of the male and female reproductive systems
- Define fertilization using simple, age-appropriate terms
- Describe the basic role of heredity in reproduction
- Examine human growth and development from conception to birth
- Give a simple overview of labor and delivery
- Explain gender similarities/differences in growth and development during puberty
- Review emotional changes that take place during puberty
- Recognize how emotional changes can affect relationships with friends, parents, and others

LEARNING OUTCOMES

After participating in Life Begins, students will be able to:

- Describe puberty and the bodily changes associated with it
- Identify the name and function of male and female reproductive organs
- Exhibit a basic understanding of fertilization and delivery
- Express an appreciation for the wonder and complexity of human life

ACADEMIC STANDARDS:

This program is taught by a qualified health educator and complements the following standards:

Indiana Academic Standards for Health & Wellness 2018:

5.1.1, 5.1.2, 5.1.4, 5.1.5, 5.2.1, 5.2.2, 5.3.1, 5.3.2, 5.4.1, 5.4.3, 5.4.4, 5.5.1, 5.5.3, 5.5.4, 5.5.5, 5.5.6, 5.6.1, 5.6.6, 5.7.1, 5.7.2, 5.7.3, 5.8.1, 8.1.1, 8.1.2, 8.1.4, 8.1.6, 8.1.7, 8.2.1, 8.2.2, 8.2.7, 8.2.8, 8.3.2, 8.3.4, 8.4.1, 8.4.3, 8.4.4, 8.5.2, 8.5.3, 8.5.4, 8.5.5, 8.5.6, 8.6.1, 8.6.2, 8.6.3, 8.7.1, 8.7.3

National Sexuality Education

Standards 2012: AP.5.CC.1, AP.5.AI.1, PD.5.CC.1, PD.5.CC.2, PD.5.CC.3, PD.5.AI.1, PD.5.AI.2, PD.5.SM.1, PR.5.CC.1, PS.5.AI.1, AP.8.CC.1, AP.8.AI.1, PD.8.CC.1, PD.8.AI.1, PR.8.CC.6

National Health Education

Standards 2007: 1.5.1, 1.5.2, 1.5.4, 1.5.5, 1.8.1, 1.8.2, 1.8.4, 1.8.5, 1.8.6, 2.5.1, 2.5.2, 2.8.1, 2.8.2, 2.8.7, 2.8.8, 3.5.2, 3.8.2, 3.8.4, 3.8.5, 4.5.1, 4.5.3, 4.5.4, 4.8.1, 4.8.2, 4.8.3, 4.8.4, 5.5.1, 5.5.2, 5.5.3, 5.5.4, 5.5.5, 5.5.6



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EDUCATION**SM

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To bring Life Begins to your school or classroom, contact us today at 317-924-0904, or email rlhec@marian.edu.

in partnership with Peyton Manning Children's Hospital